

Newquay & Par Open and 5 Star Pentathlons
Saturday 21st July

U13 Boys Pentathlon

	Angus Harris
75m Hurdles	16.0s
800m	2.45.4
High Jump	1.18m
Javelin	27.69m
Shot	6.26m

U15 Girls Pentathlon

	Olivia Travers
75m Hurdles	13.1s
800m	2.31.7
High Jump	1.39m
Long Jump	3.97m
Shot	7.31m
	Bronwyn Harris
75m Hurdles	13.6s
800m	2.47.6
High Jump	1.45m
Discus	20.63m
Shot	8.06m

South West Intercounties Championships - Exeter
Sunday 22nd July

U13 Boys

Javelin	5th	Angus Harris	28.19m
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U15 Girls

High Jump	4th	Ella Isaias	1.55m
	6th	Bronwyn Harris	1.50m
Discus	5th	Bronwyn Harris	18.88m

U17 Women

80m Hurdles	6th	Estelle Hodges	12.67s
100m Heat 1	6th	Ruth Green	13.37s
Triple Jump	3rd	Estelle Hodges	9.43m

U20 Men

800m	5th	Nathan Brown	2.00.31
5000m	2nd	Liam Hallows	19.15.80