

# JANUARY RESULTS

## JANUARY JAUNT - PLYMPTON SUNDAY 7 JANUARY

We had four athletes in this race. It was bitterly cold and windy, so well done to all concerned.

Results:	Simon Swift	42.34
	Russ Mogridge	43.00
	Katy Mogridge	56.35
	Phil Warren	64.14

## OH MY OBELISH - DAWLISH SUNDAY 7 JANUARY

We had three survivors in this very tough race, which was extended to a half marathon this year.

Results:	64	Ken Summers	2.01.30
	79	Craig MacAlpine	2.08.14
	121	Carol Hansen	2.43.27

## ARMADA ATHLETICS WINTER 3K SERIES CENTRAL PARK - WEDNESDAY 10 JANUARY

**Liam Hallows** and **Nick Bristow** both improved their times from the December race. **Liam** also made the top three.

Results:	3	Liam Hallows	11.15
	10	Nick Bristow	11.38
	26	Andy Newcombe	13.08
	28	Olivia Travers	13.29
	31	James Scantlebury	13.35
	32	Ben Bristow	13.45
	49	Phil Adderley	15.07
		(95 finishers)	

