

**Cardiff Met GP 1 Christmas Classic**  
**11th December**

**U20 Men**

300m	Liam Hallows	43.35s
600m	Nathan Brown	1.23.39
	Liam Hallows	1.37.38

**Welsh Athletics Junior Open**  
**6th January**

**U13 Boys**

60m Hurdles	Adam Dingley	11.58s
60m	Adam Dingley	9.10s
Long Jump	Adam Dingley	3.87m

**U15 Girls**

60m Hurdles	Olivia Travers	10.64s
60m	Olivia Travers	9.32s
800m	Olivia Travers	2.39.17

**U17 Women**

60m Hurdles	Estelle Hodges	10.06s
60m	Estelle Hodges	8.54s
Long Jump	Estelle Hodges	4.45m

**Cardiff Met GP 3 Non Thomas Open**  
**4th February**

**U20 Men**

800m	Nathan Brown	1.58.41
	Liam Hallows	2.11.05