

# NOVEMBER RESULTS

## TEMPLER TEN - SUNDAY 5 NOVEMBER

We had a great turnout at the superb venue at Stover.

**Andy Norris** made a welcome return to racing and had a great run to finish 10<sup>th</sup>.

**Allister Bristow** also ran well to win the vet 45 title. Well done also to **Mike Hansen** who was 2<sup>nd</sup> mv55.

Our Ladies finished 3<sup>rd</sup> team, whilst the Men's team were 4<sup>th</sup>.

Results:	10	Andy Norris	65.14
	20	Allister Bristow	72.40
	36	Simon Swift	74.36
	83	Patrick Wakeley	78.26
	87	Jo Edwards	79.30
	89	Suzie Spooner	79.44
	90	Neil Moffatt	79.45
	100	Dave Church	81.14
	141	Liz Bowden	87.36
	188	Carol Hansen	94.39
	228	Dinah Wakeley	104.51

Well done to Charlotte (7.38) and Daniel Adderley (7.39) who both ran well in the 1 mile Fun Run.

## ARMADA ATHLETICS WINTER 3K SERIES CENTRAL PARK - WEDNESDAY 8 NOVEMBER

**Nathan Brown** continued his terrific start in this series and after winning the first race in October also won this event and with an improved time.

There was a massive turnout for the race:

Results:	1	Nathan Brown	10.00
	6	Sam Yearling	10.47
	16	Nick Bristow	11.30
	43	Ben Bristow	12.59
	49	Dave Church	13.16
	132	Phil Adderley	17.43
	135	Charlotte Adderley	17.46
		(209 finishers)	

## CORNISH MARATHON - SUNDAY 19 NOVEMBER

Well done to our three athletes who completed one of the toughest marathons in the country.

**Mike Hoskin** was 56<sup>th</sup> in 3.31.38, **Jean-Baptiste Rouvelin** 68<sup>th</sup> in 3.38.12 and **Craig MacAlpine** 203<sup>rd</sup> in 4.15.08.

There were 410 finishers.

## BICTON BLISTER - SUNDAY 27 NOVEMBER

We had five athletes at this tough off road race.

**Ben Blister** was 19<sup>th</sup> in the Blister Lite, with a time of 40.12 – a 9 minute improvement on last year! **Monica Bristow** was 63<sup>rd</sup> in 50.55.

In the longer race **Nick Bristow** was first back in 36<sup>th</sup> place (1.11.03) and was followed by **Mike Hoskin** (140<sup>th</sup> place – 1.24.48). In 214<sup>th</sup> and 215<sup>th</sup> positions respectively were **Liz Bowden** and **Allister Bristow** in 1.32.16/17.

Well done to everyone on a chilly day.